



COMOX VALLEY

COMMUNITY HEALTH NETWORK

April 30, 2019

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What is a Community Health Network?

The Comox Valley Community Health Network brings together a wide variety of people to take action on issues that impact well-being and health in the Comox Valley.

Our network includes Courtenay, Comox, K'ómoks First Nation and electoral areas A, B, and C.

The network is a forum for our community to identify, prioritize and take action to make improvements on quality of life for people in the Comox Valley.

We focus on areas for change that require the involvement of multiple people, groups and organizations to develop and implement solutions.

Forming The Comox Valley Community Health Network: A Brief History

Visioning: Planning Committee

March 2017-November 2017

The journey to start a Community Health Network in the Comox Valley began with a group of people who explored what a Community Health Network could be in the Valley and plan community forums to engage more people.



Community Forum: November 2017

Over 150 people of the community gathered at the Native Sons Hall. They learned about Community Health Networks and considered what a network in the Comox Valley could accomplish to improve health and wellbeing. Participants decided to move forward with creating a health network.

Designing: Governance Task Group

October 2017 - March 2018

A Governance Task Group was created to draft the health network governance framework. This included the mission, values, principles, structure, consensus decision-making process, guidelines, and a framework to take back to the community.



Community Forum: March 2018

Over 140 people attended a second community forum held at the Florence Filburg Centre. This forum focused on providing feedback, input and approval for the draft Governance Framework and to determine action priorities for the Network.

Developing: Transition Team

April 2018-January 2019

Following the second forum, a Transition Team was formed to take the guidelines and priorities and do the work to launch the Comox Valley Community Health Network. They hired a Facilitator, developed guidelines for the Coordinating Circle and facilitated a process to form the Coordinating Circle.

Implementation: Coordinating Circle

October 2018-January 2019

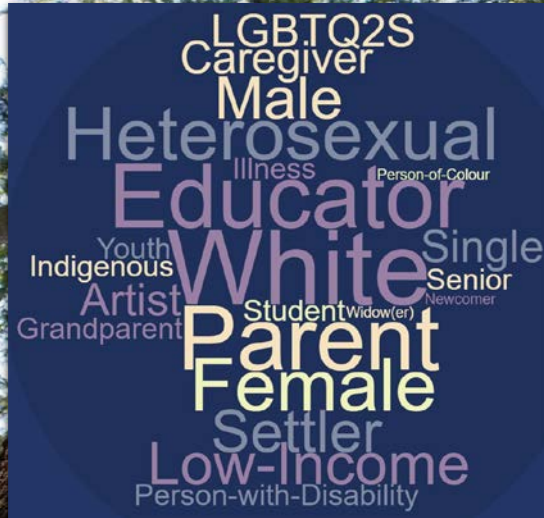
The Coordinating Circle is the ongoing leadership of the Comox Valley Community Health Network, working with the support of a facilitator. The facilitator was hired in October. Recruitment for the Coordinating Circle began in November, and they had their first meeting in January 2019.

Our Coordinating Circle





LIVED EXPERIENCES



IDENTITIES



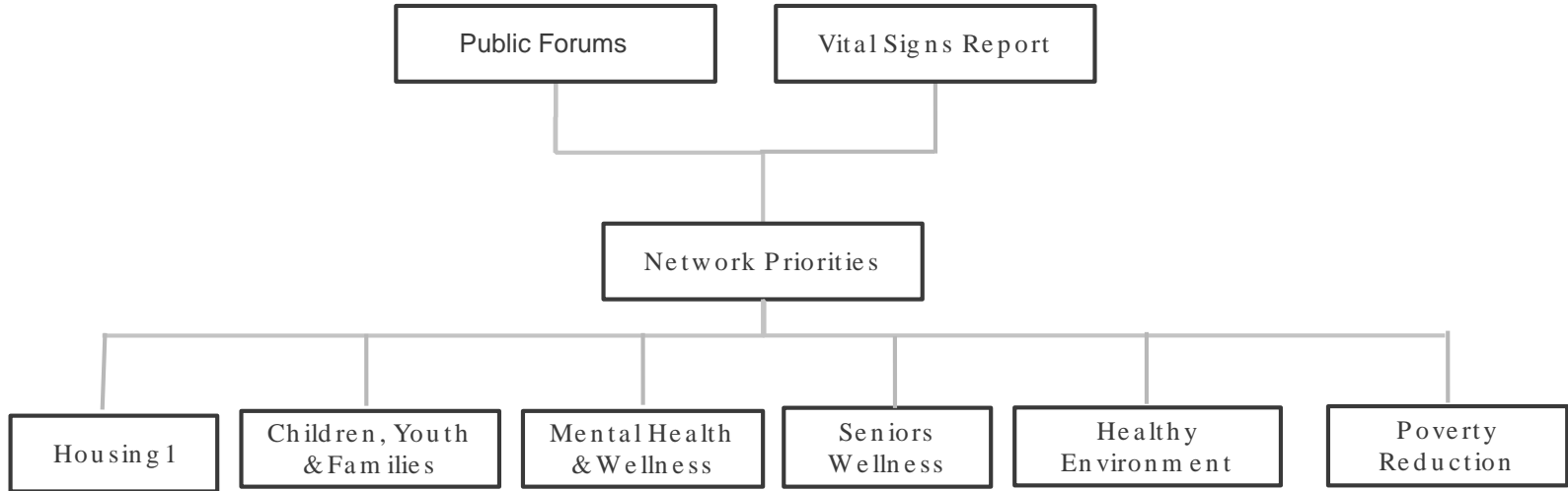
SKILLS

OUR COMMUNITY DETERMINANTS OF HEALTH

Individual and community health is influenced by a variety of factors called the determinants of health.

- Education
- Income and social status
- Employment
- Childhood experiences
- Connection to the land
- Social supports and connections
- Justice and Fairness
- Housing
- Food Security
- Diversity and inclusion (gender, race, culture, spirituality)
- Accessibility
- Transportation

OUR COMMUNITY PRIORITIES



Our Work On Priorities

SENIORS
HOUSING

EARLY
YEARS

YOUTH
MENTAL
HEALTH

MODERATE
RISK
DRINKING

CULTURAL
MAPPING

What's Next?

STRATEGIC
PLANNING

WEBSITE

TRAINING

HEALTHY
BUILT
ENVIRONMENT

EMERGENCY
PLANNING

WALK
WITH YOUR
DOC



COMOX VALLEY
COMMUNITY
HEALTH
NETWORK

QUESTIONS?

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